President’s Message

“With the new day comes new strength and new thoughts.” -Eleanor Roosevelt. The SDCDHS Executive Board and Committee Chairs look forward to the 2013-2014 season with great anticipation. Last year’s board updated our Bylaws, Standing Rules, and Financial Policies and Procedures. It proved to be a tremendous task, but as a team, we prevailed. These are all essential pieces of the puzzle that keeps our society working together towards success.

Change can be scary, but what is scarier, is allowing fear to stop us from growing, evolving, and progressing. Our newly elected officers have no fear. They will continue to strive, to evolve and to nurture your minds through exceptional keynote speakers and community outreach programs. They will continue to uphold the principles stated in our mission statement.

“to advance the art and science of dental hygiene by ensuring access to quality oral health care; increasing awareness of the cost-effective benefits of prevention; promoting the highest standards of dental hygiene education, licensure, practice, and research; and representing and promoting the interests of dental hygienists.”

No man or woman is an island. We are all essential pieces to this evolving society. Our strength is in our members and our united voices. Do not hesitate to add your essential piece to the puzzle by getting involved and making a difference.

I look forward to another memorable, empowering, rewarding year. See you on Tuesday, September 24, at the Handlery Hotel for our first General Meeting of the new season.

Warmest Regards,
Susan Clark, RDH,OM
SDCDHS President

Cell: (951) 551-5153
Email: sgc31@verizon.net
Serving Your Patients Utilizing Modern Oral Plastic Surgery  
By: Dr. Peter Nordland, DMD, MS

Registration Begins at 5:45pm

Handlery Hotel  
950 Hotel Circle North  
San Diego, CA 92108

Course Description
This program will focus on the latest techniques for diagnosis, treatment planning and treatment of your hygiene patients desiring optimal health and esthetics. New technology and surgical techniques can be considered to turn around even the most challenging cases atraumatically. Dr. Nordland will focus on ways oral plastic surgery can help facilitate optimized patient care. Because today's hygienists are on the front line in patient care, you are ideally positioned to educate your patients on treatment options to help them understand their choices to achieve health and esthetics.

Objectives
- Understand how new oral plastic surgical procedures can be accomplished with little to no pain.
- Learn the science behind the surgical procedures.
- Achieve a framework for patient selection for gingival addition, gingival subtraction, bone augmentation, ridge augmentation, atraumatic extractions, esthetic implant tooth replacement and interdental papilla reconstruction and recognize when patients can benefit from oral plastic surgery.
- Identify when gingival augmentation is recommended. Do we always need 3 mm of attached keratinized gingiva?
- Determine if gingival reduction will benefit the patient both from both an aesthetic and health standpoint
- Learn how microsurgical procedures achieve predictable outcomes with long-term stability
- Identify when a patient is at risk for recession and how do various patient biotypes affect recession
- Understand when to recommend a hand held versus an electric toothbrush
- Learn many of the fallacies associated with gingival recession and how can we educate our patients to understand long range health options
- Examine patients with a heightened awareness and confidence in knowing the latest in the realm of oral plastic surgery

CEUs: 2
About the speaker: Dr. Peter Nordland, DMD, MS

Dr. Peter Nordland comes to us from La Jolla, California. He is a practicing periodontist that did his training at Loma Linda University and is an Assistant Professor of Periodontics at Loma Linda University. He has provided teaching programs all over the world. He has been responsible for developing several surgical procedures and developed his own line of surgical instruments. Dr. Nordland co-founded the International Society of Periodontal Plastic Surgeons. He is a fellow of the prestigious American Academy of Esthetic Dentistry, Diplomate of the American Board of Periodontics and teaches or has taught at most of the United States dental schools. Dr. Nordland is on the editorial board of the Journal of the American Academy of Cosmetic Dentistry and the International Journal of Periodontics and Restorative Dentistry. Dr. Nordland’s program will be an enlightening update in the world of esthetic surgical tissue regeneration and will demonstrate new clinical advances in treatment of the patient needing esthetic soft tissue and bone enhancement. His multimedia program should be informational, interesting and entertaining.

Have you protected your paycheck?

If you became disabled tomorrow, could you pay your bills?

Did you know that 3 in 10 workers will become disabled before age 65?

What would happen if you were forced to retire from dental hygiene due to a disability, could you maintain your current lifestyle?

CDHA members will get a discount of up to 40% off the cost of a disability insurance plan that is designed for dental hygienists!

♦ Your policy cannot be canceled as long as the premiums are paid on time.
♦ This plan is portable; you can take it with you wherever you work or live.
♦ Your benefits can pay you up to age 67.

Jean Rockwell, RDH
(619) 517-5894 or (800) 287-4467
jeanrdh@auerbachandgussin.com
www.auerbachandgussin.com
Lic.#0E24650
Prevention Vs. Prosecution
By: Dianne Glasscoe Waterman, RDH, BS, MBA

Registration Begins at 5:45pm

Handlery Hotel
950 Hotel Circle North
San Diego, CA 92108

Course Description
The practice of dentistry and dental hygiene involves adhering to strict standards of care. This course examines the best methods for producing desirable results to avoid injury. Clinical standards are reflected in various case histories.

Objectives
• To increase knowledge about occurrences in the dental office that can result in injury to patients
• To learn the latest information about the top ten causes of liability
• To increase awareness of the importance of a thorough charting protocol
• To study the role of the patient in decision-making
• To implement informed consent protocol in treatment planning

Course Topics
• Clinical competence for doctors and hygienists
• The top ten patient care issues for doctors and hygienists
• Charting defensively - tips on chart notes
• Various case histories of actual liability cases against doctors and hygienists
• The importance of open communication between clinician and patient
• Informed consent and informed refusal
• How to handle patient refusal of recommended care

CEUs: 2
About the speaker: Diana Glasscoe Waterman, RDH, BS, MBA

Dianne Glasscoe Watterson is a professional speaker, author, and consultant with over 35 years in the dental profession. In addition to being an RDH, Dianne also has a Bachelor of Science degree in Human Service Management and a Master of Business Administration. Her business, Professional Dental Management, Inc., a full service consulting/speaking business, is based in Frederick, MD. Since January, 1998, Dianne has had over 100 articles published in numerous dental journals, both national and international, and has presented hundreds of continuing education courses across the country. She is best known for her two monthly columns, "Staff Rx" in RDH magazine and "Practice Wisdom" in Dental Economics. She has authored a textbook chapter for a periodontal textbook used by hygiene schools across the country. Dianne was honored in 2005 by Dentsply as a "Distinguished Dental Professional." She was also named by Dentistry Today magazine as one of the "Top Clinicians in CE and Consulting" in 2006, 2007, and 2008. Dianne is a former adjunct faculty member at Guilford Technical Community College in the dental hygiene department. She is a member of The National Speaker Association, ADHA, Christian Medical/Dental Association, Maryland State Dental Asso., and is an honorary board of directors member for The Speaking/Consulting Network. Dianne also serves on the editorial board for RDH magazine.

Caring for implants

No matter what type of implant, looking after them is critical to their long-term success

Failure to remove plaque effectively, on and around implants, can irritate the gums, causing peri-implant mucositis; left untreated this can lead to peri-implantitis: inflammation and destruction of the supporting tissues around the implant. TePe offers a wide range of products for implant care, designed for easy access and efficient cleaning of difficult-to-reach areas.
San Diego County Dental Hygienists' Society

September 24, 2013 General Meeting Registration
Serving Your Patients Utilizing Modern Oral Plastic Surgery
Dr. Peter Nordland, DMD, MS

♦ Mail check, proof of ADHA or ADA membership (copy of card or member number) and completed registration form to:

Kesa Hopkins 1774 Sunset Rose Ct. El Cajon. CA. 92019

♦ Make check payable to SDCDHS. Complete a separate registration form for each person registering. Copy form as needed

♦ If paying by check or online you MUST mail (address above) or email registration form and proof of ADHA/ADA membership to: kesahopkins@cox.net

Name: _____________________ Title: __________ CA License Number: __________

Address: _______________________

Home Phone: ___________ Cell Phone: ___________ Email: ______________

☐ Hygienist  ☐ ADHA Member*  ☐ ADHA Potential Member  ☐ Dentist

☐ ADA Member*  ☐ ADA Non-member  ☐ DA/RDA/Admin  ☐ DH Student

* Must include copy of current membership card to be eligible for member fees

Please list any special dietary needs: __________________

General Meeting Fee: $ ___________ Payee/Check#: __________________

Confirmation of registration will NOT be mailed. Cancellations require a 5 day notice for full refund. A $20 charge will be assessed for returned checks. Reservations will not be processed without valid payment.

Fee Schedule:

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For more information call 619-504-7620 or visit our website www.SDCDHS.org

We look forward to seeing you!
San Diego County Dental Hygienists’ Society

October 22, 2013 General Meeting Registration
Prevention Vs. Prosecution
Diana Glasscoe Waterman RDH, BS, MBA

♦ Mail check, proof of ADHA or ADA membership (copy of card or member number) and completed registration form to:

    Kesa Hopkins 1774 Sunset Rose Ct. El Cajon, CA, 92019

♦ Make check payable to SDCDHS. Complete a separate registration form for each person registering. Copy form as needed

♦ If paying by check or online you MUST mail (address above) or email registration form and proof of ADHA/ADA membership to: kesahopkins@cox.net

Name: ___________________________ Title: ____________ CA License Number: ____________

Address: ____________________________________________

Home Phone: ___________ Cell Phone: ___________ Email: ____________________________

☐ Hygienist ☐ ADHA Member * ☐ ADHA Potential Member ☐ Dentist

☐ ADA Member* ☐ ADA Non-member ☐ DA/RDA/Admin ☐ DH Student

* Must include copy of current membership card to be eligible for member fees

Please list any special dietary needs: ______________________________

General Meeting Fee: $_________ Payee/Check#: ____________

Confirmation of registration will NOT be mailed. Cancellations require a 5 day notice for full refund. A $20 charge will be assessed for returned checks. Reservations will not be processed without valid payment.

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For more information call 619-504-7620 or visit our website www.SDCDHS.org

We look forward to seeing you!
### San Diego County Dental Hygienists’ Society
#### Executive Committee & Chairs
##### 2013-2014

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td><strong>President</strong></td>
<td>Susan Clark</td>
<td><a href="mailto:sgc31@verizon.net">sgc31@verizon.net</a></td>
</tr>
<tr>
<td><strong>President Elect</strong></td>
<td>Darcie Bell</td>
<td><a href="mailto:darcie@san.rr.com">darcie@san.rr.com</a></td>
</tr>
<tr>
<td><strong>VP/Professional Development</strong></td>
<td>Diana Corley</td>
<td><a href="mailto:ddcsmiles@gmail.com">ddcsmiles@gmail.com</a></td>
</tr>
<tr>
<td><strong>Recording Secretary</strong></td>
<td>Rose Hall</td>
<td><a href="mailto:rosehallrdhp@gmail.com">rosehallrdhp@gmail.com</a></td>
</tr>
<tr>
<td><strong>Treasurer</strong></td>
<td>Michelle Rich</td>
<td><a href="mailto:michbrich@gmail.com">michbrich@gmail.com</a></td>
</tr>
<tr>
<td><strong>Trustee</strong></td>
<td>Jackie Buchanan</td>
<td><a href="mailto:lovehealthygums@gmail.com">lovehealthygums@gmail.com</a></td>
</tr>
<tr>
<td><strong>Alternate Trustee</strong></td>
<td>Heidi Coggan</td>
<td><a href="mailto:heidifly101@yahoo.com">heidifly101@yahoo.com</a></td>
</tr>
<tr>
<td><strong>Immediate Past President</strong></td>
<td>Ellie Nadler</td>
<td><a href="mailto:Enadler1@cox.net">Enadler1@cox.net</a></td>
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### Appointed Officers

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<tbody>
<tr>
<td>Bulletin Editor</td>
<td>Sneha Patel</td>
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<tr>
<td>Bylaws and Scopes</td>
<td>Diana Corley</td>
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<tr>
<td>Corresponding Secretary</td>
<td>Erin Bull</td>
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<tr>
<td>Parliamentarian</td>
<td>Marilyn Jacobson</td>
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### Committee Chairs

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<tr>
<td>Community Outreach</td>
<td>Heidi Coggan</td>
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<td>Corporate Relations</td>
<td>Oscar Armstrong</td>
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<td>Historian</td>
<td>Jeri Badour</td>
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<td>Hospitality</td>
<td>Position Available</td>
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<td>Legislation</td>
<td>Heidi Coggan</td>
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<td>Heidi Coggan</td>
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<td>Registration</td>
<td>Kesa Hopkins</td>
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<td>Skilled Nursing Home</td>
<td>Heidi Coggan</td>
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<tr>
<td>Ways and Means</td>
<td>Brad Cushman</td>
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<td>Media Correspondent</td>
<td>Stephanie Johnson</td>
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### Liaisons

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<td>Children's Dental Health</td>
<td>Diana Corley</td>
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<td>Faculty - Concorde-DH</td>
<td>Darcie Bell</td>
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<td>Faculty - SWCC-DH</td>
<td>Jean Honny</td>
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<tr>
<td>Oral Cancer Awareness</td>
<td>Ellie Nadler</td>
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<tr>
<td>Concorde Student Liaison</td>
<td>Stephanie Johnson</td>
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<tr>
<td>SWCC Student Liaison</td>
<td>Kayley Krage</td>
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<tr>
<td>Share the Care</td>
<td>Joan Vrelink-Capito</td>
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Your 2013-2014 SDCDHS Executive Board!

Your newly elected Executive Board for the 2013-2014 season are:

- President - Susan Clark
- President-Elect - Darcie Bell
- VP/Professional Development - Diana Corley
- Recording Secretary - Rose Hall
- Treasurer – Michelle Rich
- Trustee - Jackie Buchannan
- Alternate Trustee - Heidi Coggan
- Immediate Past President – Ellie Nadler

(From left to right: Ellie Nadler, Heidi Coggan, Jackie Buchannan, Michelle Rich, Rose Hall, Darcie Bell, Susan Clark)

Mark Your Calendars!

Sunday, November 3, 2013
Balboa Park
Komen Race for the Cure

JOIN CHICKS WITH PICKS

Some call it a sporting event with a mission: to end breast cancer forever. The 2013 Komen San Diego Race for the Cure is a 5K fun run-walk attracting people of all ages and abilities. Each year the Race raises significant funds for local screening, treatment, education programs and research grants. This is Chicks With Picks 10th year participating in the Komen San Diego Race for the Cure.

Won't you join us this year and become part of the team? More information and registration forms will be available at the September General Meeting. You can also register online, just go to www.komensandiego.org for more information and to register for the team. Check out the Komen San Diego Facebook page our team made team of the week in July. See you at the race!

Judy Peacock, Team Captain
Phone: 619-562-7677
E-mail: jpbike55@aol.com
CDHA’s 2013 House of Delegates

SDCDHS CDHA HOD Delegation

CDHA’s 2014 HOD speaker of the House Vickie Kimbrough-Walls & ADHA Delegate Heidi Coggan

SDCDHS President, Susan Clark with her Outstanding Component
CDHA’s 2013 House of Delegates

Heidi Coggan presenting testimony for a HOD issue

Delegates hard at work

Brad Cushman speaking to the delegation
CDHA’s 2013 House of Delegates

SDCDHS President, Susan Clark, with our student delegates

The delegates ready to party at the “Surfing Safari” themed CDHA President’s Reception

The delegates ready to party at the “Surfing Safari” themed CDHA President’s Reception
Congratulations To Our New ADHA Delegate!

I am honored to have been recently elected as a new ADHA delegate. I will continue to help to support the legislation that will expand dental hygienists’ scope of practice as well as address the access to care issues affecting our state. Thank you for the support California!

- Heidi Coggan

Congratulations!

Cindy Simpson, RDHAP, MS has been appointed to the RDHAP Council for CDHA. Congratulations Cindy!

2013 SDCDHS Outstanding Component Member

The CDHA Component Member Recognition Award is presented to that member who has contributed to the advancement of the dental hygiene profession, and/or has provided outstanding component leadership. The 2013 SDCDHS Outstanding Component Member has been awarded to Susan Clark, for her dedication to developing and promoting SDCDHS. Her leadership brought new life to the component by recruiting and mentoring new members, organizing and tackling difficult component tasks. She brought innovative Continuing Education keynote speakers to motivate and educate members and students alike. Her passion to serve others results in many outstanding community outreach programs. We are happy that she will be serving a 2nd term as President of SDCDHS.
2013 Kids Care Fest

Saturday, September 21st, 9 a.m. to 2 p.m.
Briercrest Park
9001 Wakarusa St., La Mesa

Free health care screenings for 1,000 children under age 12

The Grossmont Healthcare District and the City of La Mesa have jointly announced that Saturday, Sept. 21 will be the date for the 2013 Kids Care Fest at Briercrest Park, 9001 Wakarusa St., La Mesa. Kids Care Fest from 9 a.m. to 2 p.m. It is a free, family-oriented event open to the public, featuring free health care screenings. It will be the 12th annual Kids Care Fest event.

Organizers expect more than 1,000 children under age 12 to receive free, potentially life-saving, health care screenings, including hearing, vision and dental screenings, from healthcare professionals. Also available at the event will be free medical information from pediatricians, dermatologists and pharmacists, along with free kids fingerprinting from the La Mesa Police Department and La Mesa Rotary Club.

Additional free, hand-on activities will include water safety, inflatables and pony rides, along with demonstrations and displays from law enforcement, including police and fire officials. Kids Care Fest will be a smoke free event. Free parking will be available at Sharp Grossmont Hospital’s Brier Patch campus at 9000 Wakarusa St. and Grossmont Medical Arts Building at 8851 Center Drive.

If you would like to volunteer to represent SDCDHS by manning a booth, please contact: Susan Clark, at 951-551-5153. We will have a “reTHINK YOUR DRINK.” booth.

Blanket & Coat Drive

SPRING CLEANING TIME! Do you have any blankets or women’s coats that you will not use next winter season? We would certainly like to get them off your hands for you. Please consider bringing these items to our General Meetings. On behalf of SDCDHS, the items we collect will be donated to Rachel’s Women Shelter in downtown San Diego. Thank you for your consideration.

You Can Help!

During each General Meeting and Saturday seminar, we will be collecting donated toiletries. If you have any of these items lying around the house, your donations would be greatly appreciated! These items will be collected and distributed to the women’s shelter.
Upcoming Volunteer Opportunities

Do you have a heart for giving? SDCDHS is working to coordinate several exciting volunteer opportunities for dentists, dental hygienists and students. Here are some great opportunities to give back to your community and help your fellow man. Hygienists are the cornerstone for dental health education and hands-on care for the underserved and are a vital piece to the puzzle of volunteerism. Come out and join us for the following events:

➢ **Grossmont Healthcare District** is holding its annual **Kids Care Fest** in La Mesa, a free health event for children in East County and their families. SDCDHS will host a booth providing handouts and activities about dental health. Our theme is “**reTHINK YOUR DRINK**” **Saturday, September 21st. from 9am - 2pm**

➢ **Escondido Healthcare Clinic** is holding a free **Fluoride Varnish and Sealant Clinic** on **October 5, from 9am - 1pm. 425 N. Date Street, Escondido, CA 92025.** For more info, contact please contact: Susan Clark, at 951-551-5153

➢ The 8th annual **Project Homeless Connect** will be taking place on **Wednesday, December 4th at Golden Hall Downtown.** Dentists and assistants are needed to provide screenings. Last year, over 1,000 members of San Diego’s homeless community attended this event and received much needed services. To learn more about the event, please visit the San Diego Housing Commission website for an overview of the last event.

➢ **Registration is now open for CDA Cares San Diego!** The event will take place **December 7th & 8th at the Del Mar Fairgrounds** and is expected to provide dental services to over 2,000 San Diegans in need. Volunteers - both dental professionals and regular folks - are needed from **December 6 to December 9th.** Learn more about the event at the CDA website. If you can’t attend but would like to help out, donations are greatly needed to help fund this exciting event! Learn more about the event at www.cdacares.org.

_Thank you for your support and volunteerism. Together we can make a difference and bring hope to those in need._
Join us for the September Executive Board Meeting!

The meeting will be held on Tuesday September 17, 2013 at 6:30 pm. The meeting will be held at Patterson Dental, located at 4030 Sorrento Valley Blvd, San Diego, CA 92121

ADHA, CDHA, & DHC Contacts

American Dental Hygienists’ Association - National Headquarters
444 North Michigan Avenue, Suite 3400 Chicago, IL 60611
General Phone: (312) 440-8900
General Email: mail@adha.net

CDHA Sacramento Office
1900 Point West Way, Suite 222
Sacramento, CA 95815
MemberServices@cdha.org
Phone: (916) 993-9102
Fax: (916) 487-7105

Dental Hygiene Committee of California
2005 Evergreen Street, Suite 1050
Sacramento, CA 95815
Phone: 916-263-1978 Fax: 916-263-2688
Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Humana Marketpoint: Securing Your Tomorrow Today!

In a world of constant change, one of your biggest concerns is providing a secure future for yourself and your family. Humana Marketpoint can help, with a variety of financial solutions:

<table>
<thead>
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<th>Health insurance</th>
<th>Critical Illness coverage</th>
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<tr>
<td>Dental &amp; Vision coverage</td>
<td>Annuities</td>
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<tr>
<td>Life insurance (term &amp; perm)</td>
<td>IRAs, Roth IRAs, &amp; other retirement plan</td>
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<tr>
<td>Long Term Care Insurance</td>
<td>Disability Insurance</td>
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Are you concerned about outliving your income during retirement? Are you concerned about the market fluctuations and the impact to your retirement accounts? Are you looking to pay less in taxes? Would you like to learn how to become a millionaire safely? If yes, please call or e-mail me for a free copy of Safe Money Millionaire or Million Dollar Diva.

Greg McMullen  (CA License # 0D13621)
Cell:  (858) 922-0195
E-mail: gmcullen@humana.com
Why Should I Become A Member?

By: Susan Clark RDH, OM

If you are not a member of ADHA, CDHA and/or SDCDHS, because you have asked yourself, “What's in it for me?” consider these facts. As hygiene programs are graduating more hygienists and there is a decrease in graduating dentists, employment opportunities in a clinical setting are becoming scarce. A paradigm shift from clinical practice in a dental office to dental hygiene practices, clinics, education, research, the corporate arena, and other alternative roles should be considered. Unfortunately, there are practice acts and state laws dictating to us what we can and cannot do. We are being regulated as a profession, being limited, and restrained as health care providers to branch out into the community to offer care to underserved populations without supervision.

There are forces out there that would prefer to do on the job training of assistants and pay them less than they would a hygienist. They don't place value on our education and believe on the job training will suffice. Cheaper does not equate to better!

This is where your membership dues can help. You don't need to be an active member, but just a “checkbook member,” if you so desire. Your dues will offer resources and funding to those hygienists who are willing to advocate on your behalf to push through legislation to establish new laws and get bills passed governing the way we can practice. These advocates won’t settle for status quo and allow outdated laws and regulations to govern what hygienists can and cannot do. Your dues will help support candidates from the California state legislature, who believes in the interests, concerns, and goals of the California hygienists. Your dues are an important, essential part of the future of the California dental hygiene profession. Therefore, even if you don’t want to get involved personally, others are willing to speak on your behalf to promote and advocate for the well-being of dental hygiene to increase the scope of practice for our future.

In a recent article in Dimensions, author Joann Gurenlian wrote, “Advances in education and technology will eliminate the concept of ‘dental cleanings’ as patients will be able to perform that care at home. The focus of oral health care will be to reduce the effects of chronic inflammation and infection on the body.” Dental hygienists will have cross-discipline training to conduct medical and dental assessments, and will work collaboratively on triage teams to perform emergency, preventive, and therapeutic services.” She continued by suggesting that the dental hygienists of the future will most likely work in a community care setting rather than the clinical practice setting as we are familiar with today. Yes, the times they are a changing. Will you be evolving with the times as well or stay fixated in the past and settle for status quo?

Membership will help you grow and develop personally and professionally, build a network system of camaraderie and socialization with other hygienists. Membership will empower you to evolve as our profession moves forward. Reflect on the past, while planning your future. While we celebrate our 100-year anniversary, just imagine what the next 100 years may bring.
San Diego County Dental Hygienists’ Society
PROGRAMS & SEMINARS
2013-2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Speaker</th>
<th>Topic</th>
<th>Time</th>
<th>Cost: Early Bird</th>
<th>Cost: Members</th>
<th>CE Units</th>
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<tr>
<td>September 24, 2013</td>
<td>General Meeting</td>
<td>Handley Hotel</td>
<td>Peter Nordland, DMD, MS</td>
<td>Serving Your Patients Utilizing Modern Oral Plastic Surgery</td>
<td>8:45am</td>
<td>$40 members</td>
<td>$65 potential members</td>
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<td>October 22, 2013</td>
<td>General Meeting</td>
<td>Handley Hotel</td>
<td>Dianne Glasscock Waterman, RDH, MBA</td>
<td>Prevention vs. Prosecution</td>
<td>8:45am</td>
<td>$40 members</td>
<td>$65 potential members</td>
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<td>December 3, 2013</td>
<td>General Meeting</td>
<td>Handley Hotel</td>
<td>Fran Pangalis, RDH, CPVC</td>
<td>The Emotionally Intelligent Hygienist</td>
<td>8:45am</td>
<td>$40 members</td>
<td>$65 potential members</td>
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<td>January 18, 2014</td>
<td>Continuing Education Seminar</td>
<td>Handley Hotel</td>
<td>Noel Kelsch, RDH</td>
<td>Dental Practice Act Review &amp; Infection Control, OSHA</td>
<td>7:30am</td>
<td>$80 members</td>
<td>$130 potential members</td>
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<td>February 25, 2014</td>
<td>General Meeting</td>
<td>Handley Hotel</td>
<td>Paul Glassman, DDS</td>
<td>Virtual Dental Home as a System of Care for Underserved Communities</td>
<td>5:45pm</td>
<td>$40 members</td>
<td>$65 potential members</td>
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<td>March 29, 2014</td>
<td>Continuing Education Seminar</td>
<td>Handley Hotel</td>
<td>Karen Reposa, RDH, MBA</td>
<td>Bridging the Gap: Tips for Treating a Patient with Autism</td>
<td>7:45am</td>
<td>$60 members</td>
<td>$130 potential members</td>
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<td>April 29, 2014</td>
<td>General Meeting</td>
<td>Handley Hotel</td>
<td>Carla Garitz, RDH</td>
<td>Movers and Shakers in Your Dental Chair</td>
<td>5:45pm</td>
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<td>May 20, 2014</td>
<td>General Meeting</td>
<td>Handley Hotel</td>
<td>Carol Jahn, RDH, MS</td>
<td>Love it, Don’t Leave it: Having a Happy, Healthy Career</td>
<td>5:45pm</td>
<td>$40 members</td>
<td>$65 potential members</td>
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For more info on reservations, please contact: Kesa Hopkins, 619-749-4546 or kesahopkins@cox.net
September 2013

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<td>Board Meeting</td>
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<td>Kids Care Fest</td>
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October 2013

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The San Diego County Dental Hygienists' Society exists for dental hygienists to share common interests, activities, education and institutions in fellowship with their professional colleagues. The mission of the San Diego County Dental Hygienists’ Society is to advance the art and science of dental hygiene by ensuring access to quality oral health care; increasing awareness of the cost-effective benefits of prevention; and promoting the highest standards of dental hygiene education, licensure, practice and research; and representing and promoting the interests of dental hygienists. The goals of SDCDHS are:

- To improve the health of the public
- To advance the art and science of dental hygiene
- To maintain the highest standards of dental hygiene practice
- To represent and protect the interests of the dental hygiene profession
- To improve the professional competence of the dental hygienist
- To foster research in oral health
- To provide professional communication
- To increase public access to oral health care professionals by removing barriers.